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## Practical Exercises: a worksheet on the spiritual gifts

### The Gifts of the Spirit

Look at the list of gifts (pages 6 & 7).

Take 3 colours of pen and next to the gifts indicate:

1. Gifts you have used or had experience of personally;
2. Gifts you would like to have;
3. Gifts that you find the thought of having scary.

### Background

1. Why is it important to have a 'function' in the body of Christ?
2. Why would understanding and using the gifts of the Spirit increase our spiritual growth?

### The need for Spiritual Growth

**Mind Map:** What affects our growth: anything that could affect our ability to grow i.e. people / surroundings. Can be good or bad.



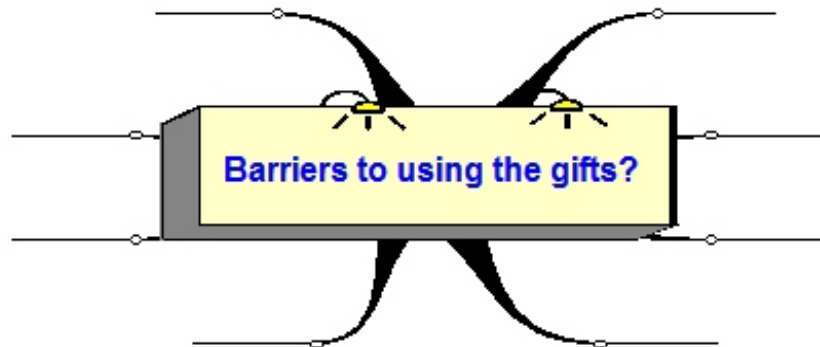


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## Challenges to Spiritual Growth

**Mind Map:** Barriers to using the gifts: what experiences of the Spiritual Gifts have you had that might make you wary or concerned about using them?



## Aspects of Spiritual Growth

1. How willing are we to submit to God and ask Him to use us?
2. Why is it important to have God's truth etched in our hearts and minds?
3. How do we know what God's truth is?
4. How can we test our motives?

Use the bible quote for reflection during the coming week.